



# GOOD SEXUAL HEALTH MATTERS

## The Maze Difference

At Maze Men's Health, seeing the whole patient means multiple points of view. So, our team includes a board-certified, fellowship trained urologist, certified nurse practitioners, a clinical sexuality educator and a registered dietician— all focused on providing the very best treatment options for you.

**Our patient-centric approach is unique and as a result, we often succeed even in cases where patients have been unsuccessful elsewhere.**

Michael A. Werner, MD, FACS, opened Maze in 1994 to focus on treating male sexual dysfunction and male infertility, areas he believes significantly impact people's lives and relationships.

This packet describes who we are, what we treat, and how we may be able to help you. If you would like to schedule a free phone consultation or an appointment, call us at [646.380.2600](tel:646.380.2600), send us an [email](#) or visit [MazeMensHealth.com](http://MazeMensHealth.com).

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# Erectile Dysfunction

## ED Can Always be Successfully Treated by a Specialist

At Maze Men's Health, we know that no matter how long you've been experiencing erectile dysfunction, or how difficult it has been for you, we can help.

Roughly 30 million men in America suffer from various degrees of ED and by age 40, approximately 40% of men experience mild to moderate ED. **The good news is that ED is always treatable, even if you haven't had success elsewhere.** Once a specialist diagnoses the cause of your ED, a number of treatments can be recommended.

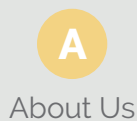
*"Dr. Werner & Team understand the problem, treat you with respect and take your concerns seriously. After treatment, my ability to get an erection improved 95%!" – Dan, Age 69*

### SHOCK WAVE THERAPY

Low Intensity- Extracorporeal Shock Wave Therapy is a new, non-surgical, painless and **the first potentially curative treatment for ED.** If you're missing spontaneity in your sex life because you have to take a pill or administer an injection prior to sex, this treatment option may be right for you.

[LEARN MORE](#)

[LEARN MORE ABOUT ED TREATMENT](#)





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# Low Testosterone/ Andropause

Experiencing symptoms such as low sex drive, poor erections, no energy, difficulty losing fat/gaining muscle or mental foggy? Your testosterone levels may be too low. Treating your Low T can dramatically change your life, but only if it's treated properly. Unsure if you have Low T?

TAKE OUR QUIZ

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*"The treatment has been life changing! I am interested in sex and having sex again with my partner. I literally feel 10 years younger. I am stronger and working out more. My old man droopy body is disappearing."*

– Ralph, Age 47

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## Low Libido/Low Sex Drive

A low libido may be caused by hormone abnormalities (such as low testosterone), psychological issues or a combination of both. Effective treatment plans begin with a thorough evaluation and usually involve a combination of different treatments. For the majority of the men we see, the underlying causes of low libido can be diagnosed and successfully addressed. [Learn more](#)



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# Other Sexual Health Issues We Treat

## Peyronie's Disease (PD)

Curvature of the penis due to scar tissue effects almost 10% of men. Most experience significant improvement without surgery, but **early diagnosis and treatment by an experienced urologist is critical to achieving successful results**. Dr. Michael Werner has treated thousands of PD patients since 1994, using a variety of modalities.

[Learn more about his experience](#)

The most important thing to remember is this: No matter what, if you are adequately motivated, you will be able to achieve an erection.

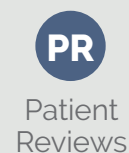
[Learn more about PD](#)

## Premature Ejaculation (PE)

**Roughly 20-30% of men suffer from premature ejaculation.** It's important to keep in mind that even when PE cannot be cured, it can be managed successfully. We can determine the cause and figure out which approaches work best for you. [Learn more about PE](#)

## Delayed Ejaculation (DE)

Delayed Ejaculation can be managed, and sometimes even overcome, using a combination of medication, behavioral intervention, and hormone therapy that is tailored to suit your specific needs. [Learn more about DE](#)



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# Male Infertility

**In 60% of cases, a male factor contributes to infertility.**

If you and your partner are struggling to start a family, Maze can help. Male infertility is a complicated topic, but a specialist can offer a variety of treatment options.

The first step is to conduct a [Semen Analysis](#) which helps determine whether there is a male factor involved in a couple's infertility. This non-invasive test checks the quantity and quality of sperm and can help determine whether the problem is related to sperm production or delivery.

If the semen analysis indicates [azoospermia](#), or no sperm in the ejaculate, additional options may be available. **Over 44% of men diagnosed with azoospermia will have small numbers of sperm in their ejaculate.** If it's believed that sperm might indeed exist, one of the following advanced reproductive techniques may be recommended:

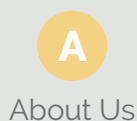
## Extended Sperm Search & Microfreeze (ESSM)

ESSM is a revolutionary procedure that may be able to find small numbers of sperm through advanced processing techniques. A specially trained andrologist inspects an entire semen specimen in minute amounts and if

isolated sperm are found, they are frozen in a miniscule quantity of fluid so they can be easily found when needed for insertion into an egg. [Learn more](#)

## Sperm Mapping

Sperm Mapping will determine if there are sperm producing areas in the testes. This test is useful because different areas of the testes have different patterns of sperm production. **In 43-68% of azoospermic men, there are a small number of sperm that have been produced in the testes but do not reach the semen.** If sperm are found, the couple can proceed with IVF and an open sperm retrieval procedure (micro-TESE). [Learn more](#)



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# Male Infertility – Other Causes

The semen analysis may also reveal other issues causing infertility, such as a varicocele or blockage, which are completely treatable by a specialist.

## Varicocele

Similar to “varicose veins” in the legs, varicoceles refers to a dilated (enlarged) group of veins, but in the scrotum. There is one best way to repair a varicocele: the microscopic sub-inguinal varicocelectomy with ultrasound guidance, which can only be performed by a urologist specializing in fertility and microsurgery such as Dr. Michael Werner. [Learn more](#)

## Epididymal Obstruction

An obstruction can form in the epididymis, a long, coiled tube located on the back of the testis, that prevents sperm from getting into the ejaculate. In most cases, the obstruction can be repaired, or the sperm can be extracted from the testes for IVF. [Learn more](#)

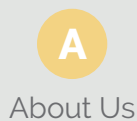
## CHOOSING THE RIGHT LAB IS ESSENTIAL

Maze Labs Offers:

- Expert Technicians
- Standard & Specialized Tests
- State-of-the-art Facility
- Private & Well-Equipped Collection Rooms
- Weekend & Evening Appointments

Dr. Werner reviews all findings with his patients to determine the appropriate next steps for each individual case.

[LEARN MORE](#)





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# Vasectomy

If your family is complete and you are considering a vasectomy, the least invasive technique is the no-scalpel no-needle vasectomy performed exclusively in this area by Dr. Michael Werner. Compared to conventional vasectomy, this method is faster, safer, less painful, and requires no stitches or needles.

What is better about the no-needle, no scalpel vasectomy?

- Shorter procedure
- Faster recovery time
- Less painful
- No Needle
- No stitches
- Fewer post-op complications

LEARN MORE

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*"I HIGHLY recommend Maze for anyone thinking about a vasectomy. The prep for the procedure was quick and the actual operation lasted no more than 20 minutes. I felt no pain during or after the procedure."*

**– Anthony, Age 51**

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# Sperm Banking

There are many reasons why men choose to bank their sperm, such as:

- Undergoing a procedure, such as prostate surgery
- Taking medications that will affect sperm production, such as chemotherapy
- Having a medical condition which can impact their ability to ejaculate, such as MS or diabetes
- Undergoing a vasectomy, yet want to have the option
- Wanting to delay fatherhood until later in life

You might not expect a laboratory to pay such personal attention when it comes to sperm banking, but then we're not just any laboratory. And it's not just anybody's future we're keeping an eye on: It's yours.

[LEARN MORE](#)

## CHOOSING A SPERM BANK

Why choose Maze?

### **Safety of Your Specimens**

- Stored in two different tanks
- Constant tank monitoring

### **Clinical Expertise by Dr. Michael Werner**

- Supervises entire process
- Determines quantity of vials to store
- Advises on number of times to bank

### **Location & Convenience**

- Westchester and NYC
- Morning, evening and weekend hours

[LEARN MORE](#)







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# Frequently Asked Questions

Men often have questions about what we treat and our approach, as well as what to expect during an appointment. Here are some of the most frequently asked questions. Visit our FAQ page to learn more!

- [What differentiates Maze from other doctors or medical providers?](#)
- [Is treatment covered by insurance?](#)
- [What can I expect during my first appointment?](#)
- [Do you have any success stories you can share?](#)

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*“Dr. Werner tries to understand the patient’s entire situation in order to provide the best possible treatment. I can’t recommend him enough.”*

*– David, Age 57*

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[VISIT OUR FAQ PAGE](#)

